I put my heart on the back burner
Didn't wanna face my own misery
Smiled as hard as I could
That felt so much better to me
But sometimes I couldn't sleep at night
And food and shoes couldn't curve my appetite
I couldn't think and I couldn't pray
That's what really done it do me, I was running

Running away, I was running
I, I, I tried to hide inside a beautiful place
I held on to my joy, but it felt so second place
More than anything I felt afraid
Afraid to feel the pain that I myself had made
Didn't like what I had done
But I realized I was on a run

Running away, I was just running I was just running From shadow side of the pool It wasn't me, just a caricature Sometimes the pain came and I ran away Didn't wanna see That life can be hard and ugly sometimes That's just the way it is But I realized I couldn't keep running From this no, no, that's the way life goes Everything I'm supposed to feel, Sometimes I'm supposed to cry Sometimes I'm supposed to be confused Sometimes we have to ask the question Why? why? That's the way it's supposed to be Nothing in life is easy Can't keep running, running, running, running Can't keep running, running, running, running I can't keep running

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And that's what really done it do me,
I was running
I was running, running, running
I was running, running
I was running, running, running...