Daddy please help me understand
'Cause I think it's startin' to get out of hand, lately
I thought these hormones were under control
Now they all want to be with me body and soul

I thought that love was a four letter word
Till you came into my room last night
I thought that love was strictly for the birds
But I let you in without a fight

I had my eyes words wide open
But I guess that love is blind
Three little words were spoken
And I just can not believe that I
Said a four letter word

Tell me, tell me it isn't true
I must have been dreamin',
'Cause I'm so in love with you, baby
I had these hormones trained in retreat
Then the moment I see you
My heart skips a beat

I thought that love was a four letter word
Till you came into my room last night
I thought that love was strictly for the birds
But I let you in without a fight

My golden rules been broken

Guess I never say, say never say never again

I've found a new emotion

And it's runnin' I can recommend

No I don't understand, Just one touch of your hand I'm yours, oh yeah

I thought that love was a four letter word
Till you came into my room last night
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But I let you in without a fight