Did it make you feel good to break me down
Did it make you feel good to take me down
Was life getting to you was it all you knew to do
What kind of comfort did you feel by making me less than you
Did it make you feel good to know that your attempt to bring me down
Was beginning to control my perception of self
And that's what you wanted right
To manipulate my thinking and dominate what I feel like
Tap into my thinking tap into my will
What causes human motives to be so ill
You pushed a man looking to make him react
Then you stand there smirking satisfied that I snapped

I'm no better than you you're no better than me We're just flesh and bone looking for some identity I'm no better than you you're no better than me We're just flesh and bone looking for some security

Did it make me feel good to break you down
Did it make me feel good to take you down
What did it do for me to put your respect on the line
By taking yours did I find it to build mine
Hold my head high from the outcome
How come when I'm doing things I used to run from
Scrap the pitch fork horns and animated terror
Looked in the mirror and found evil standing right there
I guess this is the point when you see Satan in you
No form of retaliation was worth hating you
I take that view and then I eat my words too
I guess all along I was no better than you

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Some want peace and some want war
So many hate without knowing what for
Some are naturally rich but spiritually poor
Some have so much but would kill for more
Some are unsure so they front hardcore
And try to dominate those that make them insecure
And I've been on both sides before
A defensive offender stripped down to the core

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