Man it's hard lookin back n now able to see in wishin' to God sometimes that I could do it all again strugglin' can start to take it's toll, 16 years old tryin' to change what you can't control and it's not your fault but tell me what can you do when things fall apart and everybody's lookin at you with two fingers pointed screamin' get it together but who's in the mix to show me any better so whatever I'm runnin' on my own solo tryin' to make things happen off the little bit I know and I guess I'll get what I get but yet I don't want to live my life full of regrets pre chorus: to the future in the palm of God's hand/ to the past as of now that I can't understand/ to the future uncertain unclear/ to th past I left to bring me here i stay i pray The earth rotates and my world keeps spinnin feelin like I never started but it's all endin' and I stand here lonely a million familiar faces but yet no one truly knows me so I'll try to move on and I'll try to know how but the truth is I'm really just runnin from the now I can't handle it I feel like the future's all I got don't want to deal with my past I choose memory block to stop how I feel don't want to be real with it, run from reality in attempts to deal with it but it's not workin' and I'm still hurtin, nah it's not workin' and I'm still searchin' chorus: no regrets no regrets but it's hard no regrets no regrets I say no regrets no regrets I stay in him in him I'm tryin' to live right and pass on what I believe but it's hard to give when you can't receive yet I'm learnin' slowly n surely and I'm secure enough to admit my insecruity see I know something in me has got to change God of creation I hear you callin' my name offerin' peace n joy and freedom from shame offerin' nothin' to lose but a life to gain