

Ah ah, ah ah ah, ah ah, ah ah
Ah ah, ah ah ah, ah ah, ah ah
Breathe, breathe, breathe before you get old
sing, sing, sing a song that you know
sleep sleep sleep with someone you love
let them know you do, that you really do

Hold them tight and don't forget
Differences are differences
All the dreams in life that you've been letting go
Blink and then you'll miss them and you'll never know

This could be the moment that turns into a lifetime.

Ah ah, ah ah ah, ah ah , ah ah
Ah ah, ah ah ah, ah ah , ah ah

Give, give, give of yourself
Live, live, live better than well
Do, do, do all you can do
Love them like you want someone to love you

Highs and lows will come your way
There's no need to be afraid
All the dreams in life that you've been letting go
Blink and then you'll miss them and you'll never know

This could be the moment that turns into a lifetime.

Ah ah, ah ah ah, ah ah , ah ah
And always remember that your brighter days are up ahead (no regrets)
Squeeze them tight and don't forget
Differences are differences
All the dreams in life that you've been letting go
Blink and then you'll miss them and you'll never know

This could be the moment,
this could be the moment that turns into a lifetime.

Ah ah, ah ah ah, ah ah , ah ah
Ah ah, ah ah ah, ah ah , ah ah
Ah ah, ah ah ah, ah ah , ah ah
Ah ah, ah ah ah, ah ah , ah ah