

# Daughters and Sons

Kathy Mar

Well, they wouldn't hear your music  
And they pulled your paintings down  
They wouldn't read your writing  
And they banned you from the town  
But they couldn't stop you dreaming  
And a victory you have won  
For you sowed the seeds of freedom  
In your daughters and your sons

In your daughters and your sons  
In your daughters and your sons  
You sowed the seeds of freedom  
In your daughters and your sons

Well, your weary smile it proudly hides  
The chain marks on your hands  
As you bravely strive to realize  
The rights of everyone  
And though your body's bent and low  
A victory you have won  
For you sowed the seeds of justice  
In your daughters and your sons

In your daughters and your sons  
In your daughters and your sons  
You sowed the seeds of justice  
In your daughters and your sons

Well, I don't know your religion  
But one day I heard you pray  
For a world where everyone can work  
And children they can play  
And though you never got your share  
Of the fruits that you have won  
You sowed the seeds of equality  
In your daughters and your sons

In your daughters and your sons  
In your daughters and your sons  
You sowed the seeds of equality  
In your daughters and your sons

Well, they taunted you in Belfast  
And they tortured you in Spain  
And in that Warsaw ghetto  
Where they tied you up in chains  
In Vietnam and in Chile  
Where they came with tanks and guns  
It's there you sowed the seeds of peace  
In your daughters and your sons

In your daughters and your sons  
In your daughters and your sons  
It's there you sowed the seeds of peace  
In your daughters and your sons

And now the music's playing

And the writing's on the wall  
And all the dreams you painted  
Can be seen by one and all  
And now you've got them thinking  
And the future's just begun  
For you sowed the seeds of freedom  
In your daughters and your sons

In your daughters and your sons  
In your daughters and your sons  
You sowed the seeds of freedom  
In your daughters and your sons

In your daughters and your sons  
In your daughters and your sons  
You sowed the seeds of freedom  
In your daughters and your sons