She was a beautiful girl
She was wild as the wind
On top of the world
Till she fell in love with him
Everyone told her that he was bad news
A boy goin nowhere ain't no good for you

Cause wild ponies are born to run
Don't you no wild ponies
Don't belong to no one
So baby, run
Run
Run away

The first time he hit her
Was right after church
He said he was sorry
But it only got worse
Now she's not the same girl
That she used to be
He's breaking her spirit
He's fencing her dreams

Cause wild ponies are born to run Don't you know wild ponies Don't belong to no one So baby, run Run Run away

She went out for groceries
Just an ordinary day
She realized she was just a block from the interstate
She sat at the stop light
The wheel in her hands
And when the light changed
She knew this was her chance

Wild ponies are born to run Don't you know wild ponies Don't belong to no one Baby, run Run Run away