I Can't Help It

A feeling welling up inside That seems to grip my soul A never ending need As far back, as my mind can go

I just can't help it I just can't help it I just can't help it I can't help it

The gate flies open wide A momentary river flow Then back to scrutinizing Watch to see the the water slow

But I just can't help it I just can't help it I just can't help it I can't help it

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So then a mark is left The feeling of some type of relief And then the laughter comes Reinforcing my belief

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