

Is anybody there?  
Does anybody care  
What I'm feeling?  
I wanna disappear  
So nobody can hear  
Me when I'm screamin'

'Cause I could use a hand sometimes  
Yeah, I could use a hand sometimes

They say pain is an illusion  
This is just a bruise  
And you are just confused  
But I am only human  
I could use a hand sometimes  
I am only human  
The night is bitter cold  
I wonder if you know  
That I'm sleepless  
Waitin' like a ghost  
When I need you the most  
I go unnoticed

'Cause I could use a hand sometimes  
Yeah, I could use a hand sometimes

They say pain is an illusion  
This is just a bruise  
And you are just confused  
But I am only human  
I could use a hand sometimes  
I am only human  
The weight of the world is pullin' me down  
(Where are you now, where are you now?)  
Every breath feels like I'm gonna drown  
(Where are you now, where are you now?)  
I'm the only one left alone on this Earth  
Singin' this song but can't find the words

'Cause I could use a hand sometimes  
Yeah, I could use a hand sometimes

They say pain is an illusion  
This is just a bruise  
And you are just confused  
But I am only human

I could use a hand sometimes  
I am only human