All My Men

Woooooooooo! Where my men at? Real dudes Where you at? Look

Me is a mon, understand, not a passin trend Me is a mon, understand, we provide and defend Me a mon with a plan, my love it never ends I'm callin - all my men, ALL MY MEN~!

All my men that be holdin down they house and they spouse Men, y'all know what I'm talkin about Real men, providin for the kids, no doubt Holla out, 'gwan shout, you the man of the house Men! In my opinion if we gonna start winnin F'real, we gotta respect women Every mister, hug your sister, it's the Time to support your woman and not diss her It's the, teacher, overstand I'm like a preacher, reachin your upper man Man, many don't understand How important it is to have a plan

All my men that be holdin they house down, true workin All my men that be holdin they spouse down, for certain! You spread love when you drivin around town, not jerkin You a healer, you take away what's hurtin Cause if a man can't do what a man plans to do, his purpose Then a man makes plans with empty hands, he's worthless He can't even understand the plan What the second or the first is Let me verse this or reverse this statistic We gotta think futuristic Strategic, logistical and even mystical We need a new ritual I'm tired of jumpin over buildings And havin to stop to hold adult hands like children C'mon, you can do it, c'mon And when they get paid then they quickly run along This ain't just another song This is that fruit that reveals the right from the wrong It won't be long here, before the storm's here And real men are gonna have to be strong

Be a MON, stand on principle Just be a MON, let God live in you Just be a MON, walk in the spiritual Metaphysical, political, lyrical Just be a MON! Understand you not a passing trend And this is the end