I have fallen to my knees
As I sing a lullaby of pain
I'm feeling broken in my melody
As I sing to help the tears go away

Then I remember the pledge you made to me

I know you're always there
To hear my every prayer inside
I'm clinging to the promise of a lifetime
I hear the words you say
To never walk away from me and leave behind
The promise of a lifetime

Will you help me fall apart
Pick me up, take me in your arms
Find my way back from the storm
And you show me how to grow
Through the change

I still remember the pledge you made to me I am holding on to the hope I have inside With you I will stay through every day Putting my understanding aside

And I am comforted
To know you're always there
To hear my every prayer inside
I'm clinging to the promise of a lifetime
I hear the words you say
To never walk away from me and leave behind
The promise of a lifetime

I know you're always there
To hear my every prayer inside
I'm clinging to the promise of a lifetime
Looking back at me
I know that you can see my heart
is holding to the promise of a lifetime