Joe met Frank whilst working out at the YMCA.

The bench presses and the forearm curls are what got them off that day.

On the floor of a darkened wait room.

For an hour these two did lay.

In the distance they heard others basketball their lives away, their lives away.

Their workout being over to the showers these two did go.

In the shower room they showered and Frank gave his soap to Joe.

A varicose veined tired exec, what the thing just did not know.

Frank asked his chum to do his back and places down below, down below.

To Frank's request Joe did agree with a time square sleazy smile.

The gaping mouths of washed up jocks could not cramp Joe's style.

Fondling done with soaped up hands can indeed beguile It was Greek to them and they came again Trashing on cold tile, on cold tile.

They strolled around the locker room taking in the sights.

They mounted scales, they weighed themselves.

Out of habit they checked their heights.

Together they squeezed blackheads underneath fluorescent lights.

Then Frank performed a modern dance in Joe's bikini tights, bikini tights.

Joe and Frank they left the 'Y' their exercising done. They ambled down West 63rd, their love had just begun. Back inside a dad tied sneakers for his six year old young son.

And around and around the indoor track a pretty girl did run, she did run.