(Do be de do, do be de do do do Do be de do da do da, do da do da do)

When life has got you down,
And everything about it makes you blue,
Pick up, keep moving on,
'Cause that's the very best thing you can do
Say hey Woz whatever this is... it's alright.
Hey John this too shall pass,
It's a season in your life, yeah... yeah

Well I'm kicking down the back streets
And people want to break my stride
Everyone has a time when they lose their pride
But when I'm old and in my chair,
Thinking back... looking back,
What will I remember?
All the good times... they were alright

(Do be de do, do be de do do do Do be de do da do da do da do)

When every morning brings,
A struggle just to get up from the bed,
Say hey man whatever this is... it's alright.
Hey man this too shall pass,
It's a lesson in your life, yeah... yeah

Well I'm kicking down the back streets
And people want to break my stride
Everyone has a time when they lose their pride
But when I'm old and in my chair,
Thinking back, looking back,
What will I remember?
All the good times... they were alright

(Do do do...)