I am a chemical reaction To a practical solution And I'm trapped out in the middle Of a lake of my pollution If I don't give myself a break I might just give myself A tummyache Some things appear out of the blue Directionless So what I'm tried and true This is a registered denial Of a toxic situation But I have really grown to cherish All of my vile habituations The air in my crib's gettin strange It looks like my diaper Needs a-changin' Sometimes it seems nothin will do Directionless So what I'm tried and true I am a permanent example Of a passing fascination And I am trying hard to swallow All of the beautiful information Sometimes it seems nothing will do Directionless So what I'm tried and true The air in my crib's gettin strange It looks like my diaper Needs a-changin' Some things appear out of the blue Directionless So what. I'm tried and true Sometimes it seems nothing will do Directionless So what I'm tried and true