Now let me tell you about a girl I know Well not really, I met her on a tour stop outside of Philly She was front row, reached her hand so I could feel it I kept lookin' at her, she knew every single lyric It was dope I stuck around after the show to go and kick it with the fans Who come to see us on the road It was all love Bunch of pictures and hugs But that's when I learned just how different she was See she was 19 and addicted to drugs And almost died last year Sometimes she wishes she was And she was cryin' Her brother was with her, he came too He nodded and he said that everything she's saying's true And then she said tonight was the best night of her life And even if it didn't last, right now it feels right I looked her in the eyes, and put it on my life That we gon' work on this together And she gon' be alright, I know

So when you feel alone in the night time
Just know that you ain't ever on your own
Cause every body goes through the low oh ohs
And I just want you to know oh
Just know that I believe in you
Like you believe in me
Just know that I believe in you
Like you believe in me
Like you believe in me
Yeah, yeah, like you believe in me

See things happen in crazy ways I swear to god since that day I've changed my ways Now every day when I wake up I reach over Grab my phone, send a text to her To tell her know she's not alone And I promise that I won't forget Cause on the real, it's so sad, she's so depressed And through our daily conversations What I've learned about depression Is that it's hard to know the answers when you don't know the questions Cause she don't understand why she feels the way she does No matter what she tries, man it never is enough And a few months back for one night I felt the pain that she felt her whole life Cause she called and said that she was ready to go And said thanks for everything, but she was ready to go I said please don't, there's something you gotta know I wrote a song about you, and this is how it goes

So when you feel alone in the night time Just know that you ain't ever on your own Cause every body goes through the low oh ohs And I just want you to know oh Just know that I believe in you

Like you believe in me
Just know that I believe in you
Like you believe in me
Like you believe in me
Yeah, yeah, like you believe in me

It was five hours later when we hung up
She was tired and the sun was startin' to come up
But yo, we spent that whole night just talkin' it through
And at that point, there wasn't much more I could do
But what I did say, is that she needed to promise me
She wouldn't do anything crazy without callin' me
And so far, man things have been better
We talk way less cause things have been better
And last time she called was my birthday night
And it was the best gift I've gotten in my life
She said remember that time when you sang me that song
Without that night, I'd be way past gone
So, thank you

So when you feel alone in the night time
Just know that you ain't ever on your own
Cause every body goes through the low oh ohs
And I just want you to know oh
Just know that I believe in you
Like you believe in me
Just know that I believe in you
Like you believe in me
Like you believe in me
Yeah, yeah, like you believe in me
Like you believe in me, yeah
Like you believe in me