You know the feeling when it's always just around the edges Overwhelming sense of pressure? On the periphery The weight is always threatening, you know it Could collapse your vision Always the desperate screaming bubbling below the surface Can you even stay in control? Just like that night you broke before the agonising flow of memories and drowned in the flood You never wanted it But your wants don't mean shit The grimdown The matted shit encrusted fur of the beasts The monsters wrestling inside your brain So scared they will break out and paralyse your helpless ass How can you stand before this devil? It's like an octopus thats made of tar, it's reaching out, there's suckers clinging wet to your face And now the panic comes You cannot speak, you cannot breathe The grimdown's made you into it's slave You never wanted it But your wants don't mean shit The grimdown Can feel the contours of everything you look at And each and everyone is painful There is no chance for heroism, only trembling in panicked fear No where to be safe Desperate terror like a child crying in the dark for mother But no answer will come Kicking, screaming, begging, pleading Stop snivelling, it's useless The grimdown shows no mercy You never wanted it But your wants don't mean shit The grimdown The coldest feeling in the burning pit of your stomach The onset has you locked in it's grasp You're so pathetic, why can't you even admit it Incapable of wiping your own arse All along you've known you were your own worst enemy

You created the grimdown to fear

But not it's too late you are it's bitch

You cannot change the fact the grimdown is here