You hold it in and I don't know why
You keep your feelings on the inside
I think it's cool, I think it's cool to cry

You don't need to play down your emotions You can leave them out in the open Let your tears flow like a fountain Like a fountain Fill an ocean up

You don't have to break through your boundaries Plowing through the hills and the wild seas When you're reachable you excite me Come on, show me I will fill your cup

Do you worry if I really really knew you I couldn't carry your heart?

You hold it in and I don't know why
You keep your feelings on the inside
I think it's cool, I think it's cool to cry

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We live in a world of distractions Trading sanity for some action Close our eyes to all of the bad things Turn the bad things and the sad things off

But that's not who we are to each other Come let me take the weight off your shoulders And lean on me when life is a bummer, such a bummer When it's all too much

Do you worry if I really knew you, see through I couldn't carry your heart?

You hold it in and I don't know why
You keep your feelings on the inside
I think it's cool, I think it's cool to cry

You hold it in and I don't know why
You keep your feelings on the inside
I think it's cool, I think it's cool to cry

I'm not too cool to cry
I'm not too cool to
I'm not too cool to cry
I'm not too cool to
I'm not too cool to cry
I'm not too cool to
I'm not too cool to
I'm not too cool to