I hear their voices inside my head There's no denying it's my private hell as I lie in bed I take a look around and see myself In twenty years will I be them I've taken all I can stand Afraid of what kind of man I am Does everything stay the same Or will I break the chain Secrets, emotions, and wounds concealed Spirits are broken, the deepest scars that I'll never heal They'll be back handed down from father to son A closet full of skeletons I've taken all I can stand Afraid of what kind of man I am Does everything stay the same Or will I break the chain I will get by With a little understanding 'Cause it's my own life after all I've taken all I can stand Afraid of what kind of man I am Does everything stay the same Or will I break the chain