

## Interlude

Mr. Probz

How we deal with these various disorders?  
Formally, they are treated with Freudian-based psychotherapies  
The results were not effective  
Certainly, there is medication for various disorders  
You may have heard the names of several  
Such as Zoloft, Prozac, Paxil  
These are known as serotonin reuptake inhibitors or SRIs  
The results of some minor tranquilizers such as Lorazepam, Clorazepam, etc

Can be very different, some people are not happy with the idea  
of having to take medication  
They want to learn the method to prevent them from going into depressive states  
As you are most likely aware, now this is a good place to start  
The treatment has been found to be an effective approach in a non-medical treatment  
That has been used in the past