Chorus

Keep time with the rhythm / We rhyme over rhythm/ recite revolutionary type vision / Enough for the mental prisons / We endevour for melodic living / So keep your mind on the rhythm / x2 Verse

Spread it smooth on my page like a brush/ I'll illistate your mind like paint without placing a touch / Keep it to a constant beat for those who fuss even to a bumpin beat so those can bust / Even to them riders bumpin out them trunks to all them low keys getting pleased off that funky stuff / We doing this anyhow anyway jamming it more louder every time and every day My life don't end if these records don't spin / We're the new school of Nesians we're known as fresh men / A.k.a safe investment, home is best when / We're supporting our own, cause their quality tested / I keep time with the rhythm for those that never none / When ever we riding the beat, you calling shotgun / Formidable stanza's, eloquence enhances / Charismatically candid / You know how we handle it Repeat Chorus

Verse

Got a continuos flow smooth like a dialtone/ some call it a gift I call it a Milestone/ Aint never heard me spit in a mild like tone / untouchable when Im in my zone / You will never know cos Im guile when I roam / It aint bout what you heard its what you've been told / With every rhythm I rhyme / I spit rhythm in rhyme/ don't lose the rhythm / Keep the rhythm when I rhyme / Give me a moment as I dust it off as I only take a second as I shift my attention just to serve another lesson / As I stroll with bounce roll with the flow loose my sence on an once rhythm takes control / So keep time with the rhythm coz you already been told got the same to deliver like SABRE n OLD / So keep time with the rhythm coz the rhythm is the bass / The bass is the treble the treble tremors up the place Bridge

Concentration / Keep the rhythm / Concentration / Keep the rhythm

Verse

I flown the global cipher with the mic in hand / As Mos Def defined I'm the travelling man / The system could never be able to comprehend / The life of a musician ain't driven like vision I pen / Living on the edge of the beat where the baseline sits / They say pay my dues, but first who gona pay my rent? / These words are testimony of my life lived / And the score of dreams after realising what the price is.

Rhythm and I go together like apple and pie / Whenever I spit, ignite mics to feed the fire / So feel the burn of the heat before the flame expires / A simple drumbeat is all that I require/ Got rhythm, got a beat now Im ready to go / Aint got a clue son Old let em know / With every rhythm that's rhymed / We spit rhythm in rhyme / You didn't lose the rhythm kept the rhythm

when we rhymed / Repeat Chorus