

## Feelings Are Good

### Neurotic Outsiders

I feel I feel  
I feel and I feel good, it's understood

I hurt I hurt  
I hurt and I'm here alert, feeling the hurt

Feelings are good

I'm sad I'm sad  
I'm sad and I want my dad, I want my dad

I'm ashamed I'm so full of shame  
I'm full of shame and it's not mine,  
I won't take the blame

Feelings are good

This feeling thing is something new  
This feeling thing has got me  
Not knowing what to do with the feeling

I've got fear there's fear right here  
There's fear right here it's under my breath  
This fear is real

I feel I feel  
I feel and I feel good, it's understood