

I'm staring at these white padded walls
The burden of my past got me on my knees
Like Atlas bearing the weight of the skies
An internal war in a mind with no sign of peace
Never thought this would get to me
All this pain build up inside
Experiences of sorrow that cannot be
All the fears I cannot fight
I cannot cope with the past
The pressure on my soul is too much
I lost and my mind collapsed
Overwhelmed by this degrading mental touch
The strength to live disappeared
A tormented soul in a cold shell
A future filled with pain is what I fear
A lost life on its way to hell

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I feel like Atlas but not as strong
This burden I cannot bear
I thought I could handle it all but I was wrong
Leaving me in pain and scared
I feel like Atlas but I am defeated
This burden I couldn't stand
By this life I was mistreated
In this cell my life will end