

Break the Mould

Oi Polloi

Another adolescent suicide - 'cos you don't look the part
Killed by the glossy magazines that brainwashed you from the start

Photos of models in expensive clothes
Designer haircuts and arrogant pose
Rammed down our throats time after time
Their fashion is a violent crime

FIT IN - CONFORM - PRESSURED FROM THE START

FREAK - FAILURE - IF YOU DON'T LOOK THE PART

FIT IN - CONFORM - BE WHAT YOU'RE TOLD

FREAK - FAILURE - IF YOU DON'T FIT THEIR MOULD

Six stone four not an ounce of fat

TV made quite sure of that

Eat your food can't keep it down

Be like the images all around

Laxative abuse life's so unfair

Can't go out got nothing to wear

Don't look in the mirror - it never lies

Can hide your body but not the pain in your eyes

DEATH DIET DEATH DIET DEATH DIET - ANOREXIA

Models on the page that we've all seen

The ones on the adverts on the TV screen

How come none look like you or me?

They're trying to make us feel like freaks

But their vision of perfection at which to aim

Is an airbrushed illusion you can never attain

Enough is enough we won't swallow the lie

They're selling us a myth but we won't buy

We won't conform - we won't even start

We just don't care - if we don't look the part

We won't conform - we won't be what we're told

We just don't care - it's time to break the mould