Alright

i'm uncomfortable with myself, and your put-downs just do not help. the outcome is i feel like shit. don't you know when to quit? and i am not doing alright... i always end up feeling bad. so why don't you get off my back? if i knew that this is what friends were for, i'd never made any. none of this makes sense, they don't support me because they're too busy judging. it's all so unimportant. it makes me feel sorry for them. Osker