I woke up and I feel like shit
I don't remember last night I'm getting sick of this
I hit the bottle when I got off stage
And got piss drunk stupid and I went in a rage
I think I might have got in a fight
Because my knuckles were bloody and I don't feel all right

I hit the bottle and I don't even care
They say I'm going to hell but I am already there

Sick and tired of being sick and tired

I wanna be free from this ball and chain
Be free from this life of pain
Be free from this ball and chain
I wanna be free from you

Now I'm full of guilt and shame
I can't point a finger cause there's no one to blame
So I say I'll never do it again
But when the sun goes down
You are my only friend
I think that I am starting to see
I have become everything I never wanted to be
I'm really getting sick of myself
Cause when I look into the mirror I see somebody else

Sick and tired of being sick and tired

I wanna be free from this ball and chain Be free from this life of pain Be free from this ball and chain I wanna be free from you (2x)

Sick and tired of being sick and tired
So sick and tired of being sick and tired(2x)

I wanna be free from this ball and chain Be free from this life of pain Be free from this ball and chain I wanna be free from you(2x)

I wanna be free from you (2x)