I've seen too much this year
I long for it to pass
The type of memories
That turn a heart to glass
My mother named me well
My father worked the land
In dust my ribs were formed
And I'll return again

Calm my soul

We are burning up the earth
It's body and it's breath
We hurt the ones we love
And we wound what we protect, God

Calm my soul
Calm my soul
Who bleeds more
Calm my soul

I have walked behind for too long
Now I will lead the way
I have strayed
I have strayed
Strayed away

If you've loved in haste
Thinking only of the cost
Every river leads to land
Every lover to a cross
Your mind and heart at war
And they thrash inside your lips
Like an arrow passing through
Your tongue can kill or it can kiss

Calm your soul Calm your soul There is hope Calm your soul