

# I Caught Myself

Paramore

**Aadd9 C# E Aadd9 F# E (2x)**

**Aadd9**

Down to you,  
You're pushing and pulling me down to you.  
But I don't know what I

**Aadd9**

R1: Now when I caught myself, I had to stop myself.

**C# E**

I'm saying something that I should have never thought.

**Aadd9**

Now when I caught myself, I had to stop myself.

**F# E**

**Aadd9**

From saying something that I should have never thought of you, of you.

**C#**

You're pushing and pulling me down to you,

**E Aadd9**

But I don't know what I want,

**F# E**

No I don't know what I want.

**Aadd9**

You got it, you got it,  
Some kind of magic.

**C#**

Hypnotic, hypnotic,

**E**

You're leaving me breathless.

**Aadd9**

I hate this, I hate this,

**F#**

You're not the one I believe in.

**E**

With God as my witness.

**Aadd9**

R1: Now when I caught myself, I had to stop myself...

**Aadd9 C# E Aadd9 F# E**

**Aadd9 Aadd9**

Don't know what I want.

**Aadd9**

But I know it's not you.

**Aadd9**

Keep pushing and pulling me down,

**Aadd9**

But I know in my heart it's not you.

**Aadd9 C# E Aadd9 F#**

**E**

**F#**

R2: Now when I caught myself, I had to stop myself,

**C#**

**Aadd9**

From saying something that I should have never thought.

**E**

**F#**

Now when I caught myself, I had to stop myself,

**C#**

**B**

**E**

From saying something that I should have never thought of you.

**F#**

**C#**

I knew, I know in my heart it's not you.

**Aadd9**

**E**

**F#**

**C#**

I know but now I know what I want, I want, I want,

**B**

Oh no, I should have never thought.