I used to be so down and out
I used to be so blue
Now the only thing I talk about
And the only thing I do

Is stand around like a school kid Just off the merry-go-round And if I'm dizzy it's because I'm headed To the one good thing I'd found

Yeah the one thing is good as gold I'm nothing without you too hold Yeah the one thing I know in this world Is that I need you to be my girl

I got so good at hiding
I couldn't find myself
Yeah but girl you got me smiling
Feeling like somebody else

I guess you changed my makeup I ain't the same sad clown Yeah ever since you showed up This ain't the same sad town

Yeah the one thing is good as gold I'm nothing without you too hold Yeah the one thing I know in this world Is that I need you to be my girl

One thing is good as gold
I'm nothing without you too hold
Yeah the one thing I know in this world
Is that I need you to be my girl

You're the one thing You're the one thing You're the one thing