

Tears are falling on your pillow
And as the sun begins to rise
Your dreams are fading into daybreak
And sadness listens softly in your eyes
You can't escape the sound of sorrow
But listen hard and you will hear
Birds are waking up the morning
With songs to make your heart ache disappear
Smile when you are lonely
Even when it's harder to pretend
Smile a little only knowing that your tears will have an end
Sorridi e senti la luce
come illumina la vita
Smile and everything will turn out right
We all have days that overwhelm us
And we just feel like giving in
But raise a smile and face the challenge
As happiness can wash away the pain
And if the walls should fall around you
And you're hurting deep inside
A smile will help to make the sunshine
And you can leave the loneliness behind
Smile when you are lonely
Even when it's harder to pretend
Smile a little only knowing that your tears will have an end
Sorridi e senti la luce
come illumina la vita
Smile and everything will turn out right
Sorridi e senti la luce
come illumina la vita
Smile and watch your troubles drift away
Smile and you can face another day