You crawl along to escape reality
Hiding underneath the leaves hoping He won't see
Spending all your time running from your fears
Of all the predators you've faced throughout your years

It's your metamorphosis
Inside your soul something there exists
A day in life you can't resist
One day everyone will confess
It's your metamorphosis
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A day in life you can't resist
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You think you've found a place no one can see your face Somewhere that you can go not a single creature here below Take your time now cheering on yourself See the choice is yours it's up to you and no one else

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You break the chains that have held you all your life
You break the norm and you take Him inside in spite
Of everything you've been told since the day you were born
You've opened up and all you feel is torn
So open up it's time to blow
To bust out from your cocoon
There's so much more you can do with this
So bust out now into metamorphosis

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