

You've been gone all day  
So here I wait  
In the dark and in the cold this is where I stay

I know I'm ignored  
Too often I'm so bored  
But once a day is enough to feel adored

Now you're moving in  
Almost time to work out  
Find me in the back and pull me out  
Yeah I know you're stressed  
I've been there too  
Forget the rest of the world, it's me and you

I'm your Activia  
I help you work things through  
I'm your Activia  
I believe in you  
I'm your Activia  
Always running smooth  
I'm your Activia  
Your friend, your muse  
I'm your Activia  
I'm your Activia  
I'm your Activia  
I'm your Activia  
I'm your Activia  
I'm your Activia