

# God Help Me

Plumb

There is a wrestling in my heart and my mind  
A disturbance and a tension I cannot seem to drive  
And if I'm honest, there's quite a bit of fear  
To sit here in this silence and really hear You

What will You ask of me?  
Will I listen to Your voice when You speak?

Help me to move, help me to see  
Help me to do whatever You would ask of me  
Help me to go, God help me to stay  
I'm feeling so alone here  
And I know that You're faithful  
But I can barely breathe  
God help me

Sometimes things, they are black and white  
Sometimes they are not and that leaves us torn inside  
And in the middle, we are left to wonder  
Who we are, what You want and where we're going

Oh such a mystery  
I don't always understand  
But I believe!

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Help me to do whatever You would ask of me  
Help me to go, God help me to stay  
I'm feeling so alone here  
And I know that You're faithful  
But I can barely breathe  
God help me

I don't know the future, it's one day at a time  
But I know I'll be okay with Your hand holding mine  
So take all my resistance  
Oh God I need Your grace  
One step and then the other  
Show me the way  
Show me the way!

Help me to move, help me to see  
Help me to do whatever You would ask of me  
Help me to go, God help me to stay  
I'm feeling so alone here  
And I know that You're faithful  
But I can barely breathe  
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God help me