One of the more peculiar things we've done is in this song. We always liked the bridge of our song 'Never Said', from our 1992 release Star-Studded-Super-Step, so we decided to use it again . Really. We just placed that bridge right into the middle of t his song and that was that. To makes things even stranger, we i nserted the sounds of a squeaky rat toy over the top of it duri ng mixing. After loading it up with lots of reverb and delay, i t's pretty hard to tell.... but now you know. The result, of co urse, is a song that sounds straight out of the circus. 'Enough' doesn't particularly have a running theme, except for the chorus. The verses flip from imagery of being total evil in inself "I've a bruise on my head" (read the account of the fal l of man, book of Genesis) to putting aside the working of Chri st in our lives entirely "another cup of nothing". The chorus p roclaims the knowledge of knowing what is wrong and right, but the difficultly, of course, is acting upon it. The song is wrap ped up in the final verse... "this is written on me, Christ is everything". indeed, He is.

And is the worst all over Did my dreams go south or... I've a bruise on my head Does it show? my words sound so strange to me Thought that I was strong But now I'm feeling empty And so low another cup of nothing Cause I think I'm full And my hands are trembling For a soul wait, don't count me down or lost (I know what's real) I've held - I've held His hands I know the cost this is written on me Christ is everything wait, don't count me down or lost (I know what's real) I've held - I've held His hands I know the cost