You need a man that'll treat you like the woman you are Those little boys are just fooling around with your heart Whatcha gonna do now that you're all alone? You need a rock not a rollin' stone

Yeah, so when I'm bored, it just ain't enough You need a man made of stronger stuff Get ready

Rock steady all night long
Rock steady till the light of dawn
Slow and easy tried and true
Rock steady
Just me and you

Just me and you, baby

You need somebody who will help you with your heavy load Well I've been there baby, Lord give me a rock and roll Well I can bend but I won't break 'Cause you ain't got what I can take

So when you're tired of those little girls You want a woman that'll rock your world Get ready

Rock steady all night long
Rock steady till the light of dawn
Slow and easy tried and true
Rock steady
Just me and you

Rock steady, baby

Amateurs are clearly taught
They can't give you what you really want
When all the other have been untrue
I'll give you something you can hold on to

Rock steady all night long
Rock steady till the light of dawn
Slow and easy tried and true
Rock steady
Baby, me and you, oh yeah

Rock steady, rock steady You know what I'm talking about Oh oh oh, rock it baby

I want you to rock it baby Come on and rock it baby Let me get rock it baby Rock steady all night long