

# You Are What You Fight For

Randy

For some talk is cheap, action is what counts  
When it comes to saving animals to cut down the murder amounts.  
For others it's hard to see the easiest of things,  
As the pain and suffering the meat industry brings.

Some choose to see just what they want to see,  
But to put the head in the sand has never worked for me.  
I try to examine myself for deficiencies,  
Be as strict as I can be then find the remedy.

There are not many good things that I've done  
Giving up meat is most certainly one.

You are what you fight for, your actions and your thoughts and words.

There's still parts of me that I don't like,  
I watch way too much T.V., I drive a car instead of riding a bike.  
I'm not proud over all the things I am,  
I'm not proud of being white and I'm not proud of being man.  
These last years I have changed my personality  
From passive to revolutionary.

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