

These evil creatures must  
According to the Nornes  
Be dealt with now and quick handed

So under Odin's guide  
Angrboda seek at night  
And leave her bound and undefended

Hel become the queen  
In Nilfheim receive esteem  
By those who die  
Without honour in their lives

Rotten as you are  
Away with you away so far  
Hel you nourish on  
Those dead and gone

Extinguish the Evil, to save our lives  
The world will come down if  
Loki's breed survives  
Extinguish the Evil  
And Angraboda his wife  
The world will come down if  
Loki's breed survives

Jormungard we throw  
Into the deepest sea  
Sinking down to live or die

May the waters hide  
Her till Ragnarök  
And keep her out of our eye

Fenris look at me  
A wolf like I've never seen  
I've always liked your kind  
Looks like you are first in line

Can't send you away  
In Asgard's forest hunt for prey  
So I Odin speak  
May my word be received