

I Can't Help It

Regine Velasquez

Woh, I
Baby what a fool I am
First a boy and then a man
And now, and you
You're the heart of it all
You're the things I say and do
Am I wasting my time hanging around
You would be gone

but I can't help it?
every moment that I think about you

Every day and every night without you
I can't survive
Love, take away the lonely days gone by
Making every day for you and I
Giving me chance to go and believing
Girl, you gotta go on believing
Boy, you gotta go on believing
Baby you're the breath I take
Coming from the heart in love am I
You, you're the heart of it all
You're the things I say and do
Am I wasting my time hanging around
You would be gone

but I can't help it?
every moment that I think about you

Love take away the lonely days gone by
Making every day for you and I
Giving me a chance to go on believing
Boy, you gotta go on believing
La la la ... la la la...
I can't help it
Every moment that I think about you
Every day and every night without you
I can't survive

love, take away the lonely days gone by
Making every day for you and I
Giving me chance to help it

every moment that I think about you

love, take away the lonely days gone by
Making every day for you and I
Giving me chance to help it