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It's four a.m. and I cannot sleep,
Stuck in my bed next to a naked woman,
My body's tired like a gun riff,
But my brain has woken up and wants to party,
All my new songs are whizzing round there,
How many tracks should we put on the record?,
I wish my head could just be empty,
But I've started thinking and I CAN'T STOP NOW,
I CAN'T STOP,
NOT NOW,
I CAN'T STOP,
Awake for hours in a fucking bind,
Held captive by my over-active mind,
All plans and shopping lists and fresh ideas,
If only I could have a good night,
A good night,
A good night,
A good night,
A good...,
It's two p.m. and I just woke up,
Stuck in my bed because there's nothing doing,
No complications, no commitments,
No reason I should open up my eyes,
Yeah Trisha's on, but she just talks rubbish,
And I don't listen to a word she says,
My girl is ready and she wants to play,
But I'm late for work and I CANNOT STOP NOW,
I CAN'T STOP,
NOT NOW,
I CAN'T stop,
Wasting my time being here anyway,
Nobody wants to eat a thing today,
I'm walking up and down and back again,
Wish I was home having a good night,
A good night,
A good night,
A good night,
Good night,
Good night,
Good night,
Good night,
GOOD . . . ,
BEBOP, (BEBOP)
ROCKSTEADY, (ROCKSTEADY)
I'M GONE, (I'M GONE)
TO THE CHIPPY,
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I KNOW,
THAT YOU'LL MISS ME,
SO STAY UP,
TILL I SAY,
Good night,
We'll have a good night,
We'll have a good night,
a good night,
Good night,
Good night,
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Good...