There's just one thing
That we all crave
From the cradle
To the grave
A state of grace
Or state of mind
A point in space
Or point in time
In time of peace
In times of war
The self same goal
That we yearn for
Some have it all
But still have less
What we all need is happiness

Happiness is what you need Yeah happiness is all around It's not easy to define it It can't easily be found No it can't easily be found It can't easily be found You that that it's true Cos' happiness Just can't be bought Such purity more precious still than gold And happiness Can't just be taught When you're young or if you're old No matter how - how hard you try In your own life, and through your years With every up - must come a down Enjoy the laughter and the tears Of happiness