You Can't Run from Yourself

Rose Royce

A-one more time
Hey, yeah
I got a message for you

What's the sense in runnin'?
You can't get away
Go back to bed, pull the covers over your head
That will make your problems go away

Tell me, why do you try
To hide in a bottle?
Since when has drinkin' helped your thinkin'?
Think about it

You can't run from yourself
It's an impossibility
You can't run from yourself
Face up to reality

Do you not like who you are?
Did I hear you say you wish you were a star?
Well, stars have problems too
The same as me and you

So climb into your smoke
Ha, ha, that's a joke
'Cause when that air clears
Your problems will still be there

You can't run from yourself
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Face up to reality

Come on with it
A-one more time
I wanna go higher

I'm just tellin' you the truth
Don't get me wrong
I do things too
Now listen

This is your life and time
Why must you be blind?
Stop takin' on losin' prescribed pills
They can't kill your ills

One pill takes you up
The other pill brings you down
Don't you think it's time, my friend
To get off that merry-go-round?
I'm with him

You can't run from yourself
It's an impossibility
You can't run from yourself

Face up to reality

You can't run from yourself
You can't run, you can't hide
You can't run from yourself
'Cause the problem lives inside

Face up to reality

You can't run from yourself
You can't run, you can't hide
You can't run from yourself
'Cause the problem lives inside