

I Know What It Feels Like

Ryan Cabrera

So you're back for more
But your face is on the floor
And I can't move on
Try to tell yourself there's nothing wrong

It's kind of hard to see you like this
Stuck in a world that doesn't exist
What can I do to tell you you're not alone
No you're not alone

I know what it feels like
'Cause I've been there, yeah I've been there
I know what it feels like
And I remember it's only gonna get better

And you can't control what you say or where you go
So it's time to walk away
Work it out
There will be so many other days

You're lying under everyone else
Not even understanding yourself
What can I do to tell you you're not alone
No you're not alone

I know what it feels like
'Cause I've been there, yeah I've been there
I know what it feels like
And I remember it's only gonna get better

One more time around
Don't let it hold you down

I know what it feels like

So you're back for more
But your face is on the floor

I know what it feels like
'Cause I've been there, yeah I've been there
I know what it feels like
And I remember it's only going to get better
I know what it feels like
'Cause I've been there, yeah I've been there
'Cause I know what it feels like
And I remember it's only going to get better
It's only going to get better
Yeah it's only going to get better