

The Centre

Sami Yusuf

Why am I in this place torn asunder by blight?
Shorn by the blades of inequity, drowned by darkness,
Immersed in the turbid waters of negligence and forgetfulness?
Question not why, but understand this simple truth:
Here is the Centre that is the Centre of all wheres,
Now is the moment at the heart of all times.

Ask not why here and now

But be in the here and now
Here is the Centre that is the Centre of all wheres,
Now is the moment at the heart of all times
Ask not why here and now

But be in the here and now
To find the key to all existence