

Morlaim duit la go la
Athair ar neamh
Slanaitheoir
Saol an r rga
Smigh nainn
Laoineadh is naigneas
Ar mo chroise
Athas is gliondar
Ar mo smaointe
An saol ur
Ag bun na speire
Fada an la
Fafa an iche
Mol an ige
Is tiocfaidh si slan
English translation:
I praise you day by day
Father in heaven
Our saviour
The golden era
Leaves us now
Sadness and loneliness
On my heart
Happiness and delight
On my thoughts
A new season
On the horizon
Long is the day
Long is the night
Praise youth
It will always be there