

The Ascent

Secrets

I hate this monster inside me
My body's breaking down
I'm alone and I can't breathe
You wouldn't understand, no chance
Cause I feel so fucking dead

Take the last drink, the bottle's gone
Washed down my throat, I'm full, but empty
Guess I'm not the man that I wanna be
The bar's my only friend, and it's killing me
I'm not losing this fight, oh wait, I guess I just lost it last night
Guess I'm not the man that I wanna be
The bar's my only friend and it's killing me

Frail boy with a shallow mind
I'm not quite sure that I'm the type of guy
You should be hanging around
I tend to let people down

This is the last time getting high
Promises sound just like last night

I don't know anything anymore
Help me regain control

I've been dependent for so long
I need to leave
I've been dependent for so long
I need to live (again)

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I'm drinking whisky like water
Cause water does nothing for me
I'm full of pain I need it more
I'm as empty as the whisky bottle on my floor

This is the end
I don't need this anymore
Taking control
Is finding strength to let it go

I'm drinking whisky like water
Cause water does nothing for me