

# My Slowing Heart

Sentenced

I gave and gave - gave all I had  
I took and took - all I could grab  
I had it all and I had none  
Now the game is over and it's all gone

My heart is worn out to keep beating  
My lungs exhausted by all this breathing  
My mind's too tired to keep grieving

I was against and I was for  
I wanted less and wanted more  
I won I lost, I lost and won  
Now it's all over and I am done

My throat is too sore for more screaming  
My eyes too swollen for more weeping  
My wounds are too dry for more bleeding  
My blood too drained for more streaming

My heart is slowing down

Long short is life is short and long  
Strong weak am I am weak and strong  
My crop is ready for the Reaping  
My being ready for releasing

My heart is slowing down