

I wanna wake up  
I've been walking in my sleep too long  
Wake up  
I'm so sick of dreaming

I wanna slow down  
I wanna be part of what is happening around me  
Without breathing  
Without feeling  
Without screaming  
So I'm leaving

I'm consciously unconscious  
Why am I filled with hate?  
I like to blame my parents  
I'm sure you'd do the same  
Swallow the hurt  
Spit out the jerk that's too afraid

I turn the page  
To a chapter that they thought was just a phase  
But it consumed me

You're right I am a failure  
And when my life turns to shit  
It won't have anything to do with the fact that it's all you ever taught me  
how to do  
So you can relax!

Without feeling  
Without breathing  
Now I'm leaving

I'm consciously unconscious  
Why am I filled with hate?  
I like to blame my parents  
I'm sure you'd do the same  
Swallow the hurt  
Spit out the jerk that's too afraid

Turn the page  
I've been hiding,  
Drowning,  
I've been running,  
Starving,  
I've been feeling nothing

...Spit out the jerk that's too afraid!

I'm consciously unconscious  
Why am I filled with hate?  
I like to blame my parents  
I'm sure you'd do the same  
Swallow the hurt  
Spit out the jerk that's too afraid