

Jah Blessing

Sizzla

Yeah, if you know not love and practice not love
Then you know we gonna do to extension
So this one is from the Black Royal Nation
Blessed

Do I n I sing with the vibes for the injured
And the tongue of the tune dem
Without love we're nothing

The way of the system is getting uptight, oh gosh
Say the youth get desperate and wayward to fight
Take a little stroll down the street the other night
I hear some gunshot echo and a youth losin' life
Wha Jah tell them

Spread a little love and let Jah blessings go 'round
Place your feet on higher ground
Humble as a dove and let Jah blessings touch down
And give some love to someone who is hurt

Be humble and wise, be humble and wise
Speaketh the truth and not the lies, yo
Just be strong as the I, even I will help the I
Rastafari paradise

You see black people feel the vibes, that's them business
The pharisees and scribes come within the villages
They want to bring a dirty lifestyle on communities
I've got to peel the wicked man like oranges

I've got to lick the warrior from [Incomprehensible]
Tell them bring the marijuana smell it from the window sill
Well, Rastafari prevent the blood from spill
With one love from the heart, oh, my whole temple fill

I know that society is fighting the truth
But it's time for I and I to teach the youth, the root
Say I the Nyabinghi will reign forever, oh Lord
Because Jah love is the foundation on which I man stand
And that's why I say

Spread a little love and let Jah blessings go 'round
Place your feet on higher ground
Humble as a dove and let Jah blessings touch down
And spread some love to someone who is hurt

Well, it's Sizzla, feeling so ire fire deh go blaze
Love to see black people living the lovely ways
Going 'bout dem doing dem own thing Rasta dem a praise
Now who the hell can stop the ghetto youth dem from phase

That's how I love my friends that's how I love my foe
Mama say that isn't why she's [Incomprehensible]
And to my black people they leave that open door
Rastafari never ignore

Yeah, so then you

Spread a little love and let Jah blessings go 'round
And place your feet on higher ground
Humble as a dove and let Jah blessings touch down
And spread some love to someone who is hurt

Ah, tell dem say be humble and wise, be humble and wise
Speaketh the truth and not the lies, yo
Be strong as the I, even I will help the I
This is Rastafari paradise

Yo, just be humble and wise, be humble and wise
Your brother you must never criticize
Yo, strong as the I, even I will help the I
This ah black people paradise

Make yuh peace, make yuh peace
Come, mek me trample the beast
I man make ah speech and den me travel go to east
I man make ah speech and dem me trample the beast

Some say me simple and dem think me ah the least
But gimme, gimme, gimme, gimme, gimme peace

Just, just be humble and wise, be humble and wise
Speaketh the truth and not the lies, yo
Just be strong as the I, I and I will help the I
King Rastafari paradise

Ghetto youths dem feel the vibes
But that is dem business