

Trading In This Troubled Heart

Spoken

We all face the day with eyes wide open
We all ignore the pain
On this journey we are sometimes broken
We try to embrace the truth

Healing comes from within our hearts

They say the heart is where the healing begins
All our wrongs are made right again
There is healing for us all, for us all
There is healing, body and soul

She cries, he left her there with her heart broken
He denies what they say
She falls and prays that God would give her peace
And He wipes her tears away

Healing comes from within our hearts

They say the heart is where the healing begins
All our wrongs are made right again
There is healing for us all, for us all
There is healing body and soul

There is healing
(You'll find healing from within)
There is healing
(You'll find healing from within)

There is healing
(I'm trading in this troubled heart)
There is healing
(I'm trading in this troubled heart)
Healing from within your heart

They say the heart is where the healing begins
All our wrongs are made right again
There is healing for us all, for us all
There is healing, body and soul

I'm trading in this troubled heart