Inside my mind there is a man He's always bragging about his plans He says he's never gonna leave (I'm never gonna leave you alone) Despite your efforts to be free Your mind and always you will be At the end of the rope always singing (Woe is me) And I know I have to but I don't know how (Go! Go! Go!) And I know that he knows I can do without (Go! Go! Go! Go!) And he knows that I need it so bad Then I realize it's clear that he knows that That in the end, he'll never know what hides inside my head I don't want to seem ungrateful I don't want to seem like I don't need anyone's help To get me through the rainy days To push through the haze So I can get on my feet And I can stand up and do what it takes You heard his story now hear mine (I live inside a coward's mind) Where every dream I dream gets shot down (All of the time) If I don't jump into the fray (He bums around and wastes our days) He's like an anchor being tied to me (Tied around my waist) And you know you have to but you don't know how (Go! Go! Go! Go!) And you know that I know you can do without (Go! Go! Go!) And I know that you need it so bad Then I realize it's clear that you know that In the end, I'll never know what hides inside your head I don't want to seem ungrateful I don't want to seem like I don't need anyone's help To get me through the rainy days To push through the haze So I can get on my feet And I can stand up and do what it takes Hey, I don't want to seem ungrateful I don't want to seem like I don't need anyone's help To get me through the rainy days To push through the haze So I can get on my feet