

Take a moment and remember how things were  
But don't get stuck there because  
You're future's still unsure  
Keep moving forward, there's adventure still in store  
Make your way because there's always something more

I know good time days were fun, but the good times have just be  
gun  
Historian

We need hope for things that lie ahead  
Don't take comfort in the things that cause you dread  
It's the unknown that makes us run away  
Don't waste it hiding  
Reach out and seize the day

It's easy to get lost in a world of yesterdays  
Can't move ahead when the past is in your way  
Don't look back at the tracks left in the sand  
You'll lose your way, with no one to hold your hand